

FUNDamental Athlete (ages 6-9)

Sports University's FUNDamental Athlete Program is our YOUTH SPEED & AGILITY/SPORT CLASS. FUN Athlete will put young athletes on the right track for athletic success and build confidence in their participation of all sports.

Teaches the proper mechanics to basic athletic movements (Running, Stopping, Changing Direction, & Jumping)

Improve Balance & Coordination

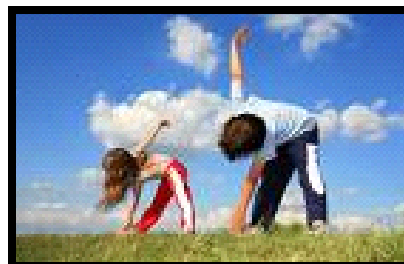
Introduces young athletes to various sports (throwing, catching, kicking, hitting...)

FUN Environment where athletes will get Fit & Learn the importance of maintaining a fit lifestyle

Develops confidence in young athletes

Teaches kids about what to eat and why

Provides a Positive Experience in Training & Sports to jumpstart their future in athletics and living a healthy life



SUMMER 2010 SCHEDULE

TUES 6pm- 7pm

THURS 4pm- 5pm

SAT. 9am- 10am

ATHLETE-COACH RATIO IS 8:1



*****CLASSES WILL START ON TUESDAY, JULY 6TH*****

**INQUIRE ABOUT OUR
NEW AMAZING PRICING!!!!**

- **Introducing New Classes**
- **Flexible Packages**
- **Prices as LOW AS \$9/ SESSION!!!!**